

# PRINCETON FITNESS & WELLNESS AT PLAINSBORO

## PLAINSBORO, NEW JERSEY

- OWNER:

Fitness & Wellness Professional Services  
Princeton, NJ

- ARCHITECT:

Jarmel Kizel Architects & Engineers  
Livingston, NJ

- SERVICES:

General Contracting



Sweetwater completed the interior and exterior renovations to a 50,000 square-foot building on the campus of the University Medical Center of Princeton to create this state-of-the-art fitness & wellness center. Included reception area, business office, child watch room, café, men's and women's locker rooms, group fitness and cardio room, yoga and cycling studios, aquatic center (Olympic pool, spa and therapy pools), Massage Envy location, and a sports-specific training facility, as well as physical therapy functions. Amenities are spread over 2 floors, connected by an elevator and spiral staircase. A rooftop penthouse was added, and an existing penthouse fitted out with new mechanical equipment. The basement houses more mechanicals and a new elevator pit.

